Recognising bravery
PATRON
Her Majesty the Queen

PRESIDENT
Her Royal Highness Princess Alexandra
the Hon Lady Ogilvy KG GCVO

VICE-PRESIDENTS
Mr Peter Bedford
(2003)
Mr Julian Spicer OBE
(2014) Deceased April 2019
Mr Richard Titley
(2015)
Rt Hon the Lord Mayor of London
Mr Peter Estlin
(2018-2019)

ROYAL HUMANE SOCIETY
Instituted 1774
Reg. Charity No. 231469

50/51 Temple Chambers
3-7 Temple Avenue, London EC4Y 0HP
Tel: 020 7936 2942
Email: info@royalhumanesociety.org.uk
www.royalhumanesociety.org.uk

Front cover pictures from left to Right:
Richard Stanton Thai cave rescue (Silver Medal and Stanhope Gold Medal)
Cadet I/Corporal Abigail McCourt Clayesmore CCF First aider during Salisbury
nerve agent attack (Testimonial on Vellum)
John Volanthen Thai cave rescue (Silver Medal and Stanhope Gold Medal)
In 2019, over 1065 awards were made to people whose actions saved a total of more than 467 lives.
MEDAL RECIPIENTS 2019

STANHOPE GOLD MEDAL
Richard Stanton MBE GM
John Volanthen GM
Nominated by the Royal Humane Society (UK)

POLICE MEDAL
PC Allan James Parker
Metropolitan Police Service

SILVER MEDAL
PC Allan James Parker
Richard Stanton MBE GM
John Volanthen GM

BRONZE MEDAL
Ian Bartley
Joshua Bratchley MBE
Richard Robert Dimmack
PC Neil Dobson
PC Douglas Glaze

Zenun Damsell-Harvey
PC Natasha Holing
Christopher Jewell QGM
Bartłomiej Kozłowski
Constable Gareth Maguire
Constable Connor McMeekin
Jason Mallinson QGM
William Edward McMullan
PC Jamie Norman
Liam Pastore
Connor Roe MBE
CSgt James Peter Scovell RM
Jim Warny

PRESIDENT’S AWARD (First instituted in 2018)
Liam Pastore

Note: The Bronze Medals awarded to Janek Kowal, Keith Burden, and Ian and James Soakell were awarded at the Jan 2020 Awards Committee Meeting although the incidents happened in previous years. Some cases are complicated, whilst others are subject to judicial constraints and so it can take many months for an individual to be recognised by the Society.
Foreword by HRH Princess Alexandra

2019 was another very successful year for the Society, with a record breaking 1065 awards made to people whose actions saved 467 lives. The extraordinary cave rescue operation in Thailand, carried out with precision and daring while the world held its breath, exemplified the qualities the Society recognises – bravery and selflessness. I was delighted and honoured to meet all nine divers from the British Cave Rescue Council at this year’s very successful Birdwood lecture. Some of the more sensitive nominations for those caught up in the 2017 London terror attacks were still being processed during the year, and these, like so many cases, reflect the everyday bravery of people who acted spontaneously when faced with a situation they never expected to encounter.

Education and training are so important. More and more children and adults are learning lifesaving first aid skills and defibrillators are appearing in village halls and community centres across the country. These steps promise in time to expand the existing network of first aiders, who, as we see routinely in the nominations that the Society receives, can and do save lives.

I applaud the bravery of our awardees, and the selfless way in which they each made a conscious decision to move towards someone in need of help when others turn away. We are humbled by their modesty and the fine examples they have set.

It remains for me to thank all of you who continue so generously to support the Royal Humane Society, and I wish the Society every success in the coming year.
Message from the Chairman

Recognising the saving of human life since 1774

2019 was another very busy year for the Society with a record number of nominations received and lives saved. The highlight of the year was undoubtedly the moment we recognised the incredible bravery of the nine British Cave Rescue Council divers following their highly publicised rescue of twelve children, their football coach, and four Thai water engineers from the flooded Tham Luang cave in Northern Thailand. It was an extraordinary operation that demanded detailed planning, careful preparation, delicate diplomacy, and sustained focus over a period of weeks. We were delighted that our President was able to meet all nine divers and present their awards at the start of the Birdwood Lecture, at which His Excellency the Ambassador to Thailand was also present. We are indebted to the British Cave Rescue Council for their advice and support, and to Bill Whitehouse, vice chairman of the BCRC, who gave an excellent presentation on the rescue operation.

The Society is proud, and very humbled, to recognise the courage and self-sacrifice of all 1065 of our 2019 awardees resulting in the saving of 467 lives.

At our Annual General Court (AGC), in May, our guest speaker, all the way from Kenya, was Major (Retired) Dominic Troulan GC QGM who has the unique distinction of holding not only the George Cross but also the Queen’s Gallantry
Maj (Retd) Dominic Troulan GC QGM

Medal and is the only person either alive or dead ever to have been so honoured. Dom is a retired British Army officer and former Royal Marine who served from 1979-2009 on operations in the Falklands, Northern Ireland, and Iraq, including twenty years with UK Special Forces. In the Civilian Gallantry List 2017 he was awarded the George Cross for his extraordinarily brave actions that saved so many lives during the 2013 Westgate Shopping Mall terrorist attack in Nairobi. Dom was the first civilian recipient of the award in 25 years. The George Cross, instituted in the dark days of September 1940 by HM King George VI, in order to reward acts of the highest levels of civilian courage not in the face of the enemy, rates second only to the Victoria Cross. We were very privileged to hear him speak so personally and with such empathy about bravery, what it takes, and the emotional impact on individuals. I was delighted that Dom accepted my invitation to become an Honorary Life Governor of the Society.

Our President graciously presented a Silver Medal, five Bronze Medals, and the President’s Award. Details may be found under 2019 Award Recipients.

In April we heard the very sad news that Julian Spicer OBE had died after a short illness. Julian served the Society for a great many years as a highly respected and very popular committee member, trustee, chairman and latterly vice president. He was related to Dr William Hawes, one of the two founders of the Society. It is very good that this connection continues with his son Charles, our current deputy chairman. In September the Spicer family held a memorial service in St Paul’s Cathedral, which, as you will imagine, was standing room only. The collection was dedicated to the Society, and on behalf of us all I should like to thank the family for their extremely generous donation. There is a full tribute to Julian in this Annual Report.

It was the Society’s turn to host the annual meeting with Commonwealth High Commissioners and the Liverpool Humane and Shipwreck Society to select the recipient of the Stanhope Gold Medal. We met in the splendour of Fishmongers’ Hall and the President
graciously approved the unanimous decision to award the 2019 Stanhope Gold Medal to two recipients, Richard Stanton and John Volanthen. They were recognised for their exemplary behaviour, extraordinary bravery, and fine leadership during the Thai cave rescue mission. May I take this opportunity to thank the Clerk and the Fishmongers’ Company for making us feel so welcome, and, of course, for the excellent fish pie.

Despite initial fears, 2019 proved to be a successful year from an investment perspective. Our modest endowment fund, which continues to be nurtured by Church House Investment Management, is managed very cautiously with the twin objectives of preservation of capital and provision of stable but adequate returns to cover our basic office and administration costs. This it successfully achieved once again in 2019, generating a modest surplus of £73,000 or 7% after withdrawals resulting in an end-year total value of £1,107,410. The total return for the year was 11% (net of costs).

At the time of writing (end-Feb) with markets falling dramatically over the potential coronavirus epidemic (FTSE 100 – 15% since the beginning of the year), it was reassuring to receive a note from Church House showing that the portfolio has only given up 2.4% of the 2019 gain and is well-protected from the worst of the volatility.

Our close working relationship with James Johnsen and the Charities Team at Church House is reflected in their continued sponsorship of the Birdwood Lecture, for which we are most grateful.

The 2019 Birdwood Lecture took place in November as usual at the Royal Geographical Society. Dame Cressida Dick DBE QPM, Commissioner of the Metropolitan Police Service, gave a most thought provoking talk on individual bravery, peppered with spine tingling examples from her own officers who each day face unknown challenges in the course of their duties. The Commissioner wove her address in perfectly with the purpose of the evening, which was to celebrate bravery, a perfect example
being the medal investiture for the Thai cave rescue divers alluded to above. The event raised just under £22,000 for the Society, a significant contribution to our annual costs. We are very grateful to the Commissioner for giving up so much of her time, and for her continued support of the Society.

The Trustees have taken the decision not to hold a Birdwood lecture in 2020, for as they say, the best annual event is one that is not held annually! There are alternative fundraising plans under consideration, and we shall keep governors and supporters updated via the website.

At the Birdwood lecture we formally launched the Friends’ scheme and have begun to see results. The idea is to encourage people from a younger and more diverse background to join at a reduced rate thus recruiting more long term supporters by broadening the appeal of the Society.

Our aim remains to develop a successful funding strategy that provides the stable and predictable income flow needed for the Society to perform its task.

As always, I should like to record my thanks to the Master, Caroline Davis, and the Wardens of the Worshipful Company of Haberdashers for generously granting us the use of their hall for our AGC. We are also grateful to the Worshipful Society of Apothecaries who kindly allow us the use of their hall for our quarterly award committee meetings.

Finally, I am grateful to all who help us with professional expertise, or financially, or by assistance in kind. In particular I wish to thank both Commissioner Ian Dyson, and David Lloyd, Police and
Crime Commissioner for Hertfordshire, for their continued efforts to generate Police and PCC donations to the Society. It cannot be an easy task persuading hard pushed operational commanders to part with their scarce resources.

All Trustees and Governors I know will join me in thanking our permanent staff for their hard work behind the scenes which enable us to award so many brave people each year.

I very much regret that we have had to cancel this year’s AGC due to the coronavirus pandemic. Instead we shall be conducting the Society’s statutory business with a few selected governors, and plan to reschedule a smaller awards ceremony later in the year. Further information will be made available on the Society’s website.

John Grandy

March 2020

Assistant Secretary holding over 200 certificates generated at the October 2019 Awards Committee Meeting
Aims of the Society

The Royal Humane Society makes awards for the saving of human life and for the restoration of life by resuscitation.

Nominees must have done one or more of the following:

- put their own life at risk in saving or attempting to save another person
- made a significant contribution to the saving of a life, even without any risk to themselves
- carried out a successful resuscitation

Our aim is to recognise brave and selfless people who put others before themselves. By bringing their deeds to public notice, we believe that a single act of humanity becomes both an example and an inspiration.

All RHS awards, listed left, other than Resuscitation Certificates, are made according to the level of risk and degree of self-sacrifice undertaken by the awardee. The Awards Committee of up to 18 members, primarily our trustees from many walks of life, assesses nominations received, checked and prepared by our hardworking staff four times a year: in January, April, July and October. The Awards Committee calls on expert advice from our two doctor trustees and our police advisor as well as relying on their own wide-ranging experience.

THE AWARDS

- Stanhope Gold Medal (annual award)
- Police Medal (annual award)
- Silver Medal
- Bronze Medal
- In Memoriam Testimonial
- Testimonial on Vellum
- Testimonial on Parchment
- President’s Award (under 18s, annual award)
- Certificate of Commendation
- Resuscitation Certificate
How to make a nomination

Do you know someone who has put his or her life at risk to save, or attempt to save, another person, or someone who has carried out a successful resuscitation? Do you know someone who has saved a life by timely first aid, such as stopping arterial bleeding?

Anyone can make a nomination to us and we would like to hear from you, whether you work for the emergency services or are a member of the public.

After we have received your nomination, the Awards Committee will decide, at its next quarterly meeting, if the nomination meets the Society’s criteria and if so, which level of award should be made.

Nomination forms can be downloaded from our website: www.royalhumanesociety.org.uk

Click the ‘Nominate’ button at the foot of on the home page of the website.

Download the nomination form. Having carefully completed it with as much detail as possible, email it to:

secretary@royalhumanesociety.org.uk

Please make sure that you read our guidelines, available on the website, before submitting your nomination.

You can also contact us by email, letter or phone to request a nomination form and guidelines.

Email: info@royalhumanesociety.org.uk

Phone: 020 7936 2942

Address:
Royal Humane Society
50/51 Temple Chambers
3-7 Temple Avenue
London EC4Y 0HP
STANHOPE GOLD MEDAL 2019

The Stanhope Medal was introduced in 1873 in memory of Chandos Scudamore Stanhope (1823-71). The first recipient was Captain Matthew Webb, for his attempted rescue of a man who had fallen into the Atlantic Ocean from the rigging of a ship. In 1875, Captain Webb achieved fame as the first person to swim the English Channel.

In 1962, it was decided that the award should be open to all kindred Commonwealth Humane Societies, so nominations from the UK, New Zealand, Australia and Canada were invited. Sri Lanka has participated since 2014.

RICHARD STANTON and JOHN VOLANTHEN

The Stanhope Gold Medal 2019 was awarded jointly to Richard Stanton and John Volanthen for their courage and leadership during the Tham Luang cave rescue in Northern Thailand, between 23 June – 10 July 2018. Their actions led directly to the saving of the lives of twelve young Thai boys and their football coach, and also four Thai water engineers who were trapped at the time. A full description of their extraordinary bravery can be found under Award Recipients 2019. Both men have in the past been awarded the Royal Humane Society’s Bronze and Silver Medals.
Police Medal 2019 and Silver Medal
- PC ALLAN JAMES PARKER – Metropolitan Police Service

On the morning of 6 July 2018 PC Allan Parker was travelling on the A13 near Orsett, Essex to a training course in a private vehicle when he noticed a 16-year old boy sitting on the central reservation in the middle of the dual carriageway. He was slumped forward with his head in his hands and clearly distressed. Allan passed him in the fast lane and in his rearview mirror saw the boy step out into the fast lane in front of a car doing 70 mph, which swerved violently to miss him. Allan immediately stopped in the fast lane to create a barrier, got out of his car and approached the boy. He again tried to jump in front of a speeding car. Allan, the boy, and passing traffic were now in extreme danger, so the officer rugby tackled him as there was no time for talking. The boy fought hard and he and Allan were rolling in the fast lane in rush hour traffic. Motorists were swerving around them as Allan struggled to restrain the boy. Eventually the youth

At a Committee Meeting on 8 August 2000, having obtained the agreement of the Association of Chief Police Officers, it was resolved that there should be a new Royal Humane Society medal, in silver gilt, given annually ‘for the case of greatest gallantry by a Police Officer of the United Kingdom during the year’. This year marks the presentation of the 21st Police Medal.
began to tire, and Allan managed to detain him. The officer moved the boy to the verge leaving his own car in the fast lane for protection. Allan identified himself as a police officer and took him to nearby services.

For his quick thinking and extraordinary bravery that morning PC Allan Parker was awarded the Royal Humane Society’s Silver Medal. In late 2019 the Awards Committee awarded PC Allan Parker the Society’s Police Medal.

### Past Police Medal Recipients

The Police Medal has been awarded as follows.

Note: Double awards have been made for 2002; 2005 and 2017

<table>
<thead>
<tr>
<th>Names</th>
<th>Force</th>
<th>For year</th>
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<tbody>
<tr>
<td>PC Wayne Martin</td>
<td>Bedfordshire Police</td>
<td>2000</td>
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<td>PC Paul Brown</td>
<td>Metropolitan Police Service</td>
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<td>PC Robert McNeill</td>
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<td>PC David Dudley</td>
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<td>PC David Edwards</td>
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<td>PC Austin Clarkson</td>
<td>British Transport Police</td>
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<td>PC Anthony May</td>
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<td>PC Michael Pinder</td>
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<td>PC Trevor Anderson</td>
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<td>PC Stewart Mcllroy</td>
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<td>PC Arron Worbey</td>
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<td>PC Colin Swan</td>
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<td>PC Rob Condy-Young</td>
<td>Devon and Cornwall Constabulary</td>
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<td>PC Matthew Hammill</td>
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<td>PC Jo Cosser</td>
<td>Avon &amp; Somerset Constabulary</td>
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<td>PC Joel Forrester</td>
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<td>PCSO Jonathan Bintcliffe</td>
<td>Avon &amp; Somerset Constabulary</td>
<td>2014</td>
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<td>PC Sean Cannon</td>
<td>West Yorkshire Police</td>
<td>2015</td>
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<td>Insp Darren Sear</td>
<td>Nottinghamshire Police</td>
<td>2016</td>
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<td>PC Thomas Green</td>
<td>Avon and Somerset Constabulary</td>
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<td>PC Timothy Middleton</td>
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<td>PC James Slender</td>
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<td>PC Allan James Parker</td>
<td>Metropolitan Police Service</td>
<td>2019</td>
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2019 Award recipients – a selection

CSGT JAMES PETER SCOVELL - Royal Marines (Bronze Medal)

On 22 Sep 2017 CSgt James Scovell RM was commanding a landing craft in Dominica as part of a larger rescue task in heavy seas following a hurricane. The landing craft was exposed to the full force of the Atlantic swell, and the surf was high. The vessel was extracting from the beach having landed a team when it was unexpectedly hit by a freak wave, which completely engulfed the wheelhouse in white water. A marine, who had been recovering the kedge anchor at the stern of the craft, was thrown against the superstructure and swept into the sea. The force of the wave knocked the man unconscious. He was bleeding and unable to swim to safety or inflate his lifejacket. James saw the marine pinned to the side of the boat in rolling surf and reacted instantly. Another large wave was crashing in and James realised that the heaving 17 tonne vessel would land on top of the injured man. Without hesitating James jumped off the side of the ramp into the churning sea and fought to reach his crewman. He dragged him out from under the surging landing craft, exposing himself to significant danger. Having pulled the man away from immediate danger James lost his footing in the surf and struggled to regain his balance. He was pulled to his feet by colleagues and then James and his crew dragged the man through heavy surf to the beach. He handed the injured man over to a medic and although drenched he set out to sea in an inflatable boat to find a safer landing point.

PC DOUGLAS GLAZE - Metropolitan Police Service (Bronze Medal)

On 22 March 2017 a terrorist drove over Westminster Bridge running down pedestrians - four were killed and many injured. The car crashed outside the Palace of Westminster and the terrorist, armed with a knife, ran towards Parliament. He was confronted by PC Keith Palmer who was unarmed. The officer was fatally stabbed.

Without hesitation Douglas Glaze bravely confronted the attacker. He ran towards the terrorist, alongside a plain clothes officer, and drew his baton.
Douglas formed a barrier between the attacker and numerous civilians within the Palace of Westminster and refused to let him pass. The attacker was then shot by the armed officer beside him.

Douglas immediately switched into lifesaving mode and provided invaluable coordination in the effort to save PC Palmer. He calmly provided essential coordination between first responders and other emergency services. The situation was frightening and the efforts to save the fatally wounded officer were frantic. Once the terrorist was shot, Douglas was the first police officer, alongside two civilians, to reach the wounded PC Palmer, and immediately started to coordinate the first aid effort. Douglas controlled and provided effective leadership during a chaotic situation. He relayed accurate information over the radio and secured vital equipment and medical packs. When HEMS arrived Douglas, along with another civilian rescuer, met and briefed the medical team and then led them to the casualty. Unfortunately, the wounded officer died at the scene.

RICHARD ROBERT DIMMACK
(Bronze Medal)

On the evening of 3 Aug 2019 at a caravan park in North Yorkshire a man was stabbed multiple times in the chest after he had told his attacker not to let
his dog foul the caravan site. Richard Dimmack was around the back of his caravan at the time and witnessed the savage assault. He went straight up to the assailant and grabbed the hand holding the knife. The attacker was extremely strong and continued to try to stab his victim. Richard persisted and bent the attacker’s arm back, pushing it to the floor. He forced the knife into the ground and held onto the assailant until help came. Richard had the courage and the strength to restrain the man for 12 minutes before armed police arrived and handcuffed him.

JANEK KOWAL (Bronze Medal)

On 1 Aug 2019 at Howtown Bay, Ullswater, Janek Kowal was enjoying fishing when he noticed a large group of young people paddling in the lake. Two of them started to swim out towards a pontoon some 60 metres from the shore. Janek, an experienced lifeguard, quickly realised they were very weak swimmers. He emptied his pockets and told his wife that he was worried about the youths. He was relieved when the two teenagers reached the pontoon safely. However, two more young men decided to swim out, also looking precarious. Janek ran to the beach area and entered the water. As he swam out to the men, who were brothers, they started to struggle to stay afloat. One sank very quickly and Janek could not reach him in time. The other was starting to go under and Janek decided to rescue him first. He tried to grab him but he was struggling violently. Janek was dragged down with him to a depth of about 9 feet and he thought they would both drown. He used all his strength to push the man away. A young woman from the party then decided to help and swam out but the drowning man grabbed her too and they both went under. Janek had to separate them and he managed to secure the youth in an extended arm tow, although he was still thrashing around. Janek then swam with both the man and the young woman to the pontoon and landed them safely. The emergency services took the man to hospital.
CONSTABLE GARETH MAGUIRE  
Police Service of Northern Ireland  
(Bronze Medal)  
CONSTABLE CONNOR McMEEEKIN  
Police Service of Northern Ireland  
(Bronze Medal)  

In the early hours of 7 Feb 2019 in Enniskillen Gareth Maguire and Connor McMeekin responded to reports of a car that had caught fire. When they got there the car was well alight and they feared that it was about to be completely engulfed in flames. A bystander told the officers that there was someone still in the vehicle. Fearing the car would explode at any moment, Gareth and Connor approached to confirm if anyone was still inside the burning vehicle. The officers were now very close and in danger of being engulfed in the flames or inhaling the billowing smoke. They could see an unconscious woman in the front passenger seat. They realised the danger she was in and without further thought they got into the vehicle to try to extract the woman. They pulled her clear before she could be consumed by the ferocious flames. She was admitted to hospital with serious injuries from smoke inhalation but survived.

KEITH BURDON  (Bronze Medal)  

On 22 March 2017 at the Palace of Westminster Keith Burdon, a former RAF medic, was the Operations Support Manager for the Parliamentary Security Department when he received an urgent report of an explosion and an attacker with knives. Keith ran from his post through crowds of visitors, just as three shots were fired. He assumed they were fired at him and the crowd. He calmly ordered everyone back into the search point. He collected a defibrillator and first aid kit and ran back outside towards the incident where he saw two casualties on the ground. A man was kneeling beside PC Palmer with some police officers, and so Keith went to the injured terrorist and began removing clothing so he could assess his injuries.
He then started CPR. He attached a defibrillator and carried on CPR until a paramedic took over. He ran back to PC Palmer, who was his colleague. Along with others he attempted to provide emergency first aid. The officer had suffered catastrophic injuries and with the limited equipment available, Keith and the others attempted to stem the severe bleeding. They removed clothing to identify injuries and Keith attached an oxygen mask to PC Palmer. He shouted at officers nearby to provide their coats to keep PC Palmer warm. At the time Keith was unaware of what had happened on Westminster Bridge or Bridge Street. A Specialist Firearms Officers told them a second suspect was unaccounted for and a search of the area was underway. HEMS landed and the doctor and medics immediately took over, but they were unable to save PC Palmer’s life.

**IAN SOAKELL (Bronze Medal) and JAMES SOAKEELL (Bronze Medal)**

In the early hours of 4 May 2019 in Kimberworth, Rotherham, two young men in a car hit a tree and the vehicle caught fire. The flames were approximately 12 feet high and there was a real risk that the car would explode. Within minutes of the crash Ian Soakell and his son James ran out of their house and approached the burning car. They realised the young driver was still inside and unconscious (a neighbour had managed to pull the passenger out before the fire started). Ian went into the passenger side whilst James tried to pull open the driver’s door. Ian could not release the driver from the passenger side, but James managed to pull the driver’s door open using a metal crowbar he’d found inside the car. Then they both pulled the driver out and carried him to safety. The man’s head and feet were on fire and most of his clothing had been burned off. All this time the car was burning fiercely, and the risk of an explosion was high. They placed him in the recovery position and James made sure his airway was open, whilst Ian covered the man’s burns with wet towels. They kept talking to the man and reassuring him until the emergency services arrived.
LIAM PASTORE (Bronze Medal and President’s Award 2019)

On 18 Jun 2017 on Formby beach, Southport, Liam Pastore (15), a fit young amateur boxer, was on the beach with family and friends when he heard screaming. A woman and her stepdaughter, neither of whom were strong swimmers, had been dragged out to sea by the strong tides. They had got into difficulty and were unable to swim back to shore. The young girl was screaming for help. Liam realised the situation was serious and swam out to them. The woman had stopped breathing and was unconscious. Liam grabbed hold of both the woman and the girl and swam them back to shore and safety. Once Liam had hauled them back onto the beach the lifeguards took over. The emergency services were called, and the woman was airlifted to hospital. Both women survived.

BARTLOMIMEJ KOZLOWSKI
(Bronze Medal)

DAX BUREY
(Testimonial on Vellum)
CHRISTOPHER HOBSON
(Testimonial on Vellum, and Resuscitation Certificate)

MELANIE BELCHER
(Resuscitation Certificate)

On the evening of 7 Jul 2018 at Bournemouth Railway Station an intoxicated young girl decided to jump down on to the railway lines so she could cross to the opposite platform. She was electrocuted, fell to the ground unconscious and started to burn. Bartlomimej Kozlowski (known as Bart) saw the girl lying on the tracks. He could also see a train was coming and so jumped down onto the railway line to pull her to safety. Station staff shouted at Bart not to touch her as he would be electrocuted himself. Dax Burley and Christopher Hobson had also heard shouting and gone to help. They both jumped down onto the tracks and Dax helped Bart remove her from the live rail, then the three men lifted the unconscious girl back up onto the platform. The girl appeared lifeless, so Christopher immediately started...
to check her airway whilst Bart and Dax kept the crowds back. Melanie Belcher arrived and saw that the girl was not breathing and so started CPR whilst Christopher gave mouth to mouth without considering any protection for himself. Melanie and Christopher carried on CPR for 10 minutes until an ambulance arrived and paramedics managed to regain the girl’s pulse. Bart and Dax both received electrical burns on their hands as a result of pulling the girl off the live rail.

**ZENUN DAMSELL-HARVEY (Bronze Medal)**

On 22 July 2017 in Bristol Zenun Damsell-Harvey was walking home after a night out when he came across two men who were attacking another man outside a bar. Fearing that the situation may deteriorate and worried about the man’s safety, Zenun intervened and tried his best to defuse the situation.

One of the men then attacked Zenun as he tried to protect the injured man, who by this stage was unconscious, from having his head stamped on. Zenun was subjected to a vicious and sustained assault by the attacker with a broken wine bottle. Zenun suffered multiple stab wounds and a punctured lung requiring immediate hospitalisation and over forty stitches. He is still receiving treatment to this day and has extensive lifelong scarring on his back.

**IAN BARTLEY (Bronze Medal)**

**KYLE HIPKISS (Testimonial on Parchment)**

On 16 April 2019 at Treyarnon Bay, Cornwall, two young boys got into difficulty whilst surfing in notoriously treacherous seas. A rip tide and the wind had pushed them well over towards the rocky cliff face. It was a treacherous place to be and because of the rip tide almost impossible to swim back from without flippers. There was no lifeguard on duty that day. Ian Bartley and Kyle Hipkiss, both on the beach with their respective families, immediately ran into the sea without wetsuits. They swam out together against the tide to reach the closer of the boys. Kyle eventually
managed to get the boy turned around and back to shore and safety. Ian swam on to the other boy who was much further out. By the time he reached him Ian was exhausted and the boy was very frightened and uncooperative. Fearing for both their lives Ian decided that the only option was to make for a very small ledge on the cliff face a few feet above the sea. In addition to the tide there was a two metre swell, but Ian managed to reach the ledge. Lifeguards were alerted and an inflatable dingy appeared, but because of their position and the rocks underneath the waves the boat was unable to get close enough to rescue them. One of the lifeguards went into the water and swam across to them with a float line attached. Ian and the lifeguard wanted to swim back to the inflatable but by now the boy was extremely agitated and refused to let go of the rock face. People above the cliff had thrown down a line with a rescue ring on it but it would have been impossible to haul them up. The rising sea level was now washing over them and although the main RNLI Lifeboat had arrived it too could not get close enough. A rescue helicopter was expected in 20 minutes which would have been far too late, but luckily it arrived early. The helicopter positioned itself above the cliff and after three attempts the winchman lifted them to safety.

WILLIAM EDWARD McMULLAN
(Bronze Medal)

On 1 Sep 2018 at Newtownards, County Down, William McMullan was driving with his family when a car approached from the other direction, lost control on a corner, and hit his car. It then struck a large van travelling behind William’s vehicle. He immediately stopped and ran over to help. He found the driver, a young man, was seriously injured lying across the front seat and apparently unconscious. Whilst checking his injuries William suddenly saw smoke issuing from the engine. He realised that fire was starting to take hold in the engine bay and without further thought William set about freeing the man from his seatbelt and hauled him out of the vehicle, which by now was beginning to burn fiercely. With some difficulty he dragged the unconscious man to safety. A few seconds after getting the man out of the car it was completely engulfed in flames and had burnt out entirely by the time the fire brigade arrived. William continued to treat the man until an off-duty doctor and paramedics arrived.
PC NEIL DOBSON – Metropolitan Police Service (Bronze Medal)
PC NATASHA HOLING – Metropolitan Police service (Bronze Medal)
PC JAMIE NORMAN – Metropolitan Police Service (Bronze Medal)
PS PAUL WOOLLEY – Metropolitan Police Service (Testimonial on Vellum)

On 18 May 2018 the officers were conducting an arrest operation in Norbury when they were alerted to a fire in a nearby building. They approached the house and could see the basement flat was full of thick black smoke. They could also hear that at least one person was trapped inside and was shouting for help. As they got closer, they could see a man had collapsed in the hallway. The door to the basement was locked from the inside. Paul Woolley instructed Natasha Holing to radio for assistance and to call the fire brigade, and for a door enforcer to be fetched from their vehicle. The door was forced open and Paul entered the building and dragged the man out to safety. He then went back inside to make sure that nobody else was in danger. Neil Dobson, who was on an unrelated task nearby, came to help and also went in to confirm that the flat was empty. At the same time Natasha and Jamie Norman, along with Neil went to the other side of the building where they discovered another entrance to the flats immediately above the fire. They realised that several occupants were still inside and in serious and imminent
danger from the rapidly spreading fire. Natasha, Jamie and Neil entered the building and systematically cleared every single flat. They made several trips into the building, which was quickly filling with smoke, making it hard to breathe. They evacuated several families with small children, and in one case, a young baby. The officers suffered serious smoke inhalation but continued to re-enter the house until they had cleared the upstairs rooms. By this time, the building was completely engulfed with thick smoke, breathing was becoming impossible, and to remain in the building any longer would have placed them in very serious danger. It was only once they were satisfied that all the occupants had been led to safety that the officers left the building.

RICHARD STANTON MBE GM (*Silver Medal and Stanhope Gold Medal*)
JOHN VOLANTHEN GM (*Silver Medal and Stanhope Gold Medal*)
JOSHUA BRATCHLEY MBE (*Bronze Medal*)
CHRISTOPHER JEWELL QGM (*Bronze Medal*)
JASON MALLINSON QGM (*Bronze Medal*)
CONNOR ROE MBE (*Bronze Medal*)
JIM WARNEY (*Bronze Medal*)
ROB HARPER (*Certificate of Commendation*)
VERNON UNSWORTH (*Certificate of Commendation*)

On 23 Jun 2018 twelve young Thai footballers and their coach were trapped in the Tham Luang cave system in Northern Thailand, 2300 metres from the entrance when an early monsoon flooded their escape route. The alarm was raised and local and international rescue organisations were alerted. A British caver, Vernon Unsworth, who lived locally, joined the search, and also got the message to the British Cave Rescue Council who began preparations immediately. Six hours after the official Thai call was received Rob Harper, Rick Stanton and John Volanthen flew out of the UK. They met up with
Vernon and entered the cave that evening for an exploratory dive. The following day Rick and John dived through three short completely flooded sections and found four Thai water pump engineers who had also been cut off by the rising floods. They carried out an immediate rescue, sharing their diving equipment and air supplies with the trapped men. This experience influenced the later decision that the boys would require sedation before being ferried out through much longer sumps.

Over the next few days they tested the dives but found the currents too strong, visibility too poor, and there were cables and debris in the caves. Rob and Vernon joined surface search teams looking for alternative access to the caves below. After a few days conditions had improved sufficiently and Rick and John risked another attempt, penetrating far further than before. Diving was extremely difficult against a strong current and visibility of about a metre, but they secured a guideline in place as they went. The following day the two divers again entered the cave and dived well beyond the point they had previously laid line to. They surfaced in a chamber to find the missing party of boys alive and marooned on a ledge above water level. They dived back to report the wonderful news. This dive was an exceptional feat of both courage and skill, pathfinding upstream against a very strong current in total darkness through contorted passages. Thai Navy SEAL team divers reached the boys the next day, four men staying in situ until the final rescue mission. Two days later Rick and John again dived to the boys taking lights, batteries and food. They found that the oxygen levels in the cave were severely depleted.

Jason Mallinson and Chris Jewell arrived from the UK and the next day they dived through to the trapped party to take more supplies, and to familiarise themselves with the diving route. They brought back notes written on diving pads from the boys to their families. Tragically, later the same day, a Thai SEAL diver was killed when he ran out of air trying to set up a dump of air cylinders.

Joshua Bratchley, Connor Roe, and Jim Warny were the next to arrive from the UK and after much planning, preparation, and even rehearsals with children in swimming pools, the green...
light was given for the rescue mission to start. The plan relied on a relay of divers. The first stage consisted of Rick Stanton, John Volanthen, Chris Jewell, Jason Mallinson and an Australian diver/doctor who reached the boys, dressed them in diving suits and masks, and then sedated them. Taking charge of a boy each the divers swam them out, re-sedating when necessary, through a grueling course to the handover point where the next set of divers took over. During the unsubmerged parts the boys were carried on stretchers to the next sump. Connor Roe and Joshua Bratchley and local divers manned the second stage. Connor surfaced in safety with the first boy after a seven-hour operation, the other three were safe after nine hours as the relay delivered live but unconscious boys. This process continued and each day four more boys were rescued. On the final day the last four boys and their coach were brought out. Jason Mallinson made the dive with a boy twice that final day. With renewed air supplies the four remaining Thai SEAL divers came out once the last boy had left.

This was undoubtedly a most extraordinary cave rescue that involved many thousands of rescue workers and support staff, complex technical and medical problems, and diplomatic discussions. At the sharp end were the BCRC cave divers who showed extraordinary levels of physical and moral courage.
H.M. KEERTHI BANDARA - Stanhope Gold Medal 2018 – Posthumous award

Keerthi Bandara was awarded the Stanhope Gold Medal posthumously for giving his life to save all 22 passengers on his bus after the brakes failed on a mountainous road in Sri Lanka.

His wife received his Stanhope Gold Medal from Major (Retired) Roland Milbank of The Royal Humane Society of New South Wales, who kindly presented the medal on our behalf. Mr Neil Kavanagh OBE, representing the British High Commission in Sri Lanka, was also present.

2019 AWARD YEAR IN FIGURES

In 2019, 1065 awards were made to people whose actions saved a total of more than 467 lives.

- 3 Silver Medals
- 18 Bronze Medals
- 50 Testimonials on Vellum
- 140 Testimonials on Parchment
- 344 Certificates of Commendation
- 506 Resuscitation Certificates

The awards were made as follows:

- 417 to members of the public
- 648 to police officers

We also gave three annual awards:

- The Stanhope Gold Medal (to two recipients)
- The Police Medal
- The President's Award
Officers of the Society

Trustees of the Royal Humane Society during 2019

CHAIRMAN & HONORARY TREASURER
Mr John Grandy

DEPUTY CHAIRMAN
Mr Charles Spicer

COMMITTEE MEMBERS
Mr Michael Bernard
Mrs Anna Blaxland
Mr Luke Chauveau
Colonel Giles Crisp
Mr Peter Dawson
Mr Mark Dickson
Mrs Diane Duke LVO DL
Mr George Hawkins
Ms Katherine Holt
Dr Michael McCaldin FRCGP
Mr Rupert Novis
Mrs Rowena Osborne
Mrs Lynda Rose MBE
Sir Nigel Southward KCVO
Mr Sheridan Swallow
Mr Rupert Uloth

POLICE ADVISER
Ian Dyson QPM, Commissioner, City of London Police
Represented by Inspector Robert Gurney, Hertfordshire Constabulary

SECRETARY
Lt Col Andrew Chapman

ASSISTANT SECRETARY
Mr John Wilson

HONORARY ADVISER
Dr Roger Willoughby
Biographies

Michael Bernard (2018) was previously a European marketing director for an international IT corporation. While working there he was a Trustee with his firm’s disability charity AbilityNet between 2011 and 2017 and is now an independent trustee. In 2019 he joined the board of Southern Health Foundation NHS Trust as a Non-Executive Director. He is a member of the International Advisory Board for Exeter Business School and is a Governor at Downside. He is married with three sons and lives in Wiltshire. His interests are golf and playing the guitar.

Anna Blaxland (2015) runs her own Lifestyle workshop and events business based in Hampshire. Previous employment included eight years working in the City and three years with interior designer Nina Campbell. She has been a trustee with the Royal Humane Society for 5 years and is actively involved in organising the fundraising Birdwood lectures at the RGS. She lives in Hampshire with her husband and their three university aged children. Her passions include skiing, walking in Cornwall and travelling.

Luke Chauveau (2016) is a Partner at an international PR firm advising clients mainly in Africa and the Middle East on reputational issues. He served in the Blues & Royals for eight years. He is a Director of the Household Cavalry Museum. He is still a keen rugby player, cricketer and skier. He lives in London with his wife and their two children.

Colonel Giles Crisp (2001) served in the Coldstream Guards and now runs a small herd of Red Poll cattle in Suffolk. He is married, has two children and his interests are shooting, fishing and dendrology.

Peter Dawson (2018) is lawyer with over 40 years of experience in and around UK commercial property, providing counsel on a wide range of issues. Partner and head of Real Estate at top 100 law firm, Russell-Cooke, from 1982 to 2018 and now a consultant. He is married with one daughter. His interests are cricket, sailing and skiing.

Mark Dickson (2016) spent a brief period in the shipping department of a major trading company in Hong Kong before deciding to go into teaching. He spent 28 years at Shrewsbury School before leaving in 2006 to become Chief Executive of the Independent Schools Football Association. He enjoys golf and food and lives in Beaconsfield.

Diane Duke LVO DL (2015) is Private Secretary and Comptroller to HRH Princess Alexandra. She has previously worked for the World Health Organisation and the University of Lancaster. She was appointed Deputy Lieutenant of Lancashire in 2012 and Lieutenant of the Royal Victorian Order in 2013. She has volunteered for a number of charities and served as a school governor. She has two adult daughters and her interests include walking, swimming and choral singing.

John Grandy (1987) has a background in army and civil helicopters and the aerospace industry. He was Chairman of Cowes Week from 2006-2011 and had a half share in a yacht racing consultancy from 2008-2017. He is married and lives in Dorset. His interests include sailing and golf. He became Deputy Chairman in May 2009 and was elected Chairman in 2014.

George Hawkins (2015) served for eight years in the Light Dragoons and has since leaving the forces worked in government and infrastructure. He now works for the Real Estate firm CBRE where he advises clients delivering large internal construction and procurement programs. George is married with three children, lives in Wiltshire and enjoys cricket, shooting and learning more about gardening.

Kate Holt is a photojournalist, trainer and project manager. She has worked for numerous UK media outlets including the Financial Times and Mail on Sunday in Afghanistan, and the BBC and Guardian throughout Africa. Her focuses is on human rights and to bring the stories of civilians to a global audience. In 2012 she established a communications agency, Arete, that facilitates communications for the NGO sector. She was born in Zimbabwe, spent her youth in Canada, and now lives in Washington DC.

Dr Michael McCaldin (2015) is a General Practitioner in Bristol. He is a member of The Anchor Society, a charity supporting the elderly
and Chairman of the Bristol Orthopaedic Trust. He is a member of the Commanderie de Bordeaux à Bristol, a printmaker and has an interest in the history of art and enjoys walking and skiing. He is married with two daughters.

Rupert Novis (2008) received the Stanhope Gold Medal in 1988. He served in the Coldstream Guards, worked in the commodity derivative trading business for 14 years and now runs a single Family Office which focuses on venture capital investments. He has three children and lives in London. He is a keen sportsman, enjoys travel and international culture.

Rowena Osborne (2015) is Head of Recruitment at Sidekicks, providing exceptional support people to founders, entrepreneurs, private households and businesses of all sizes, across all sectors, all over the world. She also runs Macaroon Cooks, providing cooks for all occasions to private clients in the UK and abroad.

Lynda Rose MBE (2008) was Commandant of the FANY (Princess Royal’s Volunteer Corps) until the end of the Centenary Year 2007 and is now a Vice President. She is a keen supporter of the Bournemouth Symphony Orchestra, Patron and fundraiser of The Dorset Festival Opera and is this year a small part of the team targeting £1million for the Splash appeal’s adult therapy pool. Her other interests include her family and sailing her Cornish Shrimper.

Sir Nigel Southward KCVO (2006) was formerly Apothecary to the Queen and other members of the Royal Household. He retired in 2003 to spend more time sailing. He is married with three children.

Charles Spicer (2012) is the great nephew of R T Hawes (a past chairman) who was a direct descendent of Dr William Hawes, one of the founders of the Society. He chairs three public companies, the Department of Health’s Invention for Innovation Funding Panel, and the Philanthropy and Grants committee of the Fishmongers’ Company. He served as High Sheriff of Greater London in 2018/19. He became Deputy Chairman in February 2017.

Sheridan Swallow (2018) is a Chartered Accountant who has worked mainly in commerce and industry. He is married and has two grown up children and lives in Hampshire. A former Master of the Haberdashers Livery Company, he is now a Governor of ACS International Schools. When it comes to weekends, his view is that all daylight hours spent indoors or in town are probably time wasted.

Rupert Uloth (2010) served as an officer in The Life Guards for six years. He worked for Country Life magazine for 22 years, becoming Deputy Editor and Travel Editor. He is now a freelance journalist and has written for the Daily Telegraph, Sunday Telegraph and Literary Review. He is currently Master of the Worshipful Company of Grocers, one of the Great Twelve livery companies. He is a trustee of the Royal Bath and West of England Society and lives in West Sussex with his wife and their three children. He hunts, shoots, skis, and travels widely.

Commissioner Ian Dyson QPM is the Commissioner of the City of London Police. He joined the force as Commander in 2010 leading initially on organisational change, and later as the lead on Economic Crime, expanding the force’s national fraud responsibilities. Two years later he was promoted to Assistant Commissioner leading cultural change, leadership and development within the Force. He is the National Policing Lead on Information Assurance. He was promoted to Commissioner in January 2016.

Inspector Rob Gurney acts as police adviser to the Society, on behalf of Commissioner Ian Dyson QPM. Inspector Gurney has been with Hertfordshire Constabulary for some years and has held many appointments including Staff Officer to the Chief and Deputy Chief Constables. He is national President of the Disabled Police Association and leads on Number Plate Recognition research nationally. He is involved in fundraising for a number of charities.
Julian Spicer OBE (1934-2019)

Julian Spicer was a man of positivity, charm and optimism, who for over 40 years served the Royal Humane Society, (founded in 1774 by one of his ancestors by marriage), as a trustee, governor, Chairman from 2002-2009, and latterly Vice President.

He was present or presided over great changes in the Society as it came to terms with the 21st Century. The days of a by choice low profile charity discreetly pursuing its traditions via short monthly committee meetings and the adjudication of a relatively small number of resuscitation and bravery cases all circulated by post gave way to today’s by comparison high profile operation; an expanded office handling a vast increase in the number of cases and awards, the creation of a website, a presence on social media, more governors and life governors, vitally important fund raising events and a much closer working relationship with
the Metropolitan Police Service, and UK wide police constabularies.

Away from the Society Julian was a prominent figure working with London’s architectural heritage from the mid-1980s to his retirement in 2004. He was the first professional fundraiser to be appointed at Sir John Soane’s Museum. He served there for eleven years (1985-96) raising the £5m needed to rescue the building following a survey revealing it to be in a parlous state, and helped set up the Sir John Soane’s Museum Society to assist with fundraising and established the museum’s American Foundation based in New York.

In 1996 he was appointed director of the Heritage of London Trust where he served for eight years overseeing a range of architectural conservation projects throughout London including at least one at St Paul’s Cathedral.

As well as his work with the Soane Museum and the Trust, Julian worked with other London museums including the Dulwich Picture Gallery and the Wallace Collection. He was a liveryman of the Fishmongers’ Company for 59 years. In 2003, he was appointed Officer of the Order of the British Empire for services to architectural heritage and museums.

Julian was a regular churchgoer, a committed Christian and had a strong attachment to St Paul’s Cathedral where his memorial service was held in September 2019.

Julian had an enduring interest in people, with a unique ability to make that invisible barrier between young and old melt away. His guiding presence at a great number of Royal Humane Society meetings over many years reflected his even-handed approach, never losing sight of the aims and direction of the Society and its Royal Patronage.

He was twice married and twice widowed and is survived by his son Charles, who is Deputy Chairman of the Society, his daughter Alexandra and four granddaughters.

John Grandy with thanks to Charles Spicer

February 2020
The 245th Annual General Court was held at Haberdashers’ Hall, London EC1, on Thursday 30 May 2019. Mr John Grandy, Chairman and Honorary Treasurer, was in the Chair.

Mr John Grandy and Mr Charles Spicer were re-elected as Chairman and Deputy Chairman respectively and Mrs Anna Blaxland, Mr Luke Chauveau, Mr Peter Dawson, Mr Rupert Novis, Mrs Lynda Rose, and Mr Rupert Uloth were re-elected and/or elected as Trustees of the Society.

Messrs Ridley, Marreco and Co were re-appointed as the Society’s Independent Examiner.

Mr Charles Spicer thanked the guest speaker, Major (Retired) Dominic Troulan GC QGM for his time and his fascinating address.

HRH Princess Alexandra presented awards to the following:

**SILVER MEDAL**
Justin Jones

**BRONZE MEDAL**
Zenun Damsell-Harvey
The Rt Hon Tobias Ellwood MP
Ellen Gauntlett
Liam Pastore (aged 16)
Dr Rajiv ‘Jeeves’ Wijesuriya

**PRESIDENT’S AWARD**
Cadet Jordan Anderson ACF (aged 16)
Donors 2019

We are most grateful to the following individuals, companies, charitable trusts and police forces for their generous donations and support:

ORGANISATIONS, COMPANIES AND TRUSTS
- The Worshipful Society of Apothecaries
- Arete Stories
- Meri and Keith Benham Charitable Trust
- Carr-Ellison Trust
- Cayman Island Government
- Church House Investment Management
- City of London Police Charity
- Colchester Medical Society
- Corporation of City of London
- Crichtons Company Restorations
- The Haberdashers’ Company
- Just Giving Foundation
- Longmeadow Trust
- Tony Metherall Trust
- Orders & Medals Research Society
- Patrons’ Fund – Privy Purse Charitable Trust
- Police Professional (Sponsorship of Police Medal)
- Research International
- Samuel Story Trust
- The Late Mrs Edith Schofield Legacy
- Sion School
- South Berkshire Concert Band
- Julian Spicer Memorial
- JA Swire Charities
- Colonel WH Whitbread Charitable Trust
- White Oak Charitable Trust

SIGNIFICANT INDIVIDUAL DONORS
- Mark Allen
- Stephen Bunce
- Jennifer Coombes
- Dr Patrick Craig-McFeely
- Col Giles Crisp
- Peter Dawson
- Mark Dickson
- Supt Robert Gurney
- Lady Heath
- Nigel Johnson-Hill
- CGW Kennedy
- The Viscount Lifford
- Sandy Navrady
- Johnny O’Brien
- George Parker
- Jon Perry
- The Hon Christopher Sharples
- Charles Spicer
- Dr Hamed Bin Mohamed Khalifa al Suwaidi

POLICE FORCES AND POLICE AND CRIME COMMISSIONERS
- City of London Police
- Metropolitan Police Service
- North Yorkshire Police
- West Yorkshire Police
- North Yorkshire PCC
- Warwickshire PCC
- West Mercia PCC
- West Yorkshire PCC

Richard Tomkinson
Johnny Trotter
Richard William Whitehouse MBE
## Governors of the Society

We should like to thank the following for their generous donations and continued support:

### LIFE GOVERNORS
- Mark Allen
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- Mrs Gordon Birdwood
- Mr Terence Bramall
- Mr T Bunting
- Mr Richard Burbidge OBE DL
- and Mrs Richard Burbidge
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- Mr Richard Corfield
- Professor Robert Cumming
- Mr Richard Dick
- Mr Richard Dutton
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- Mrs Suzana Harvey
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- Mr Robert Hiscox
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- Mr Simon Langton
- Mr & Mrs Gareth Lewis
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- Baroness Eliza Manningham-Buller LG DCB
- Mr Peregrine Massey
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- Mr George Parker
- Mrs Denise Patterson
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- Mr & Mrs Alan Sinclair
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- Mr & Mrs Richard Tilley
- Mr Richard Tomkinson
- Maj Dominic Troulan GC QMG
- Mr Rupert Uloth
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- Sir Samuel Whitbread KCVO JP
- Col Dick Wilkinson TD
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- Mr Tony Worth CVO

### GOVERNORS
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- Dr Craig Barclay
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- Mrs Diane Duke LVO DL
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- Mr Norman Gareth Gooding CSJ
- Mrs Didy Grahame OBE MVO
- Mr John Grandy
- Mr Eric D Grounds
- Mr George Hawkins
- Mr & Mrs Peter Helmore
- Ms Katherine Holt
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- Mr David Jenkins
- Mrs Penny Jones
- Mr CE Lillie
- Mr Murray MacFarlane
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- Mr Andrew Norman-Butler
- Duke of Northumberland DL
- Mrs Rowena Osborne
- Maj Gen D Pennefather CB OBE
- Lord Petre KCVO
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- Mrs Clare Russell JP
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- Mr Tahir Shah
- Mr Jamie Sheldon
- Lt Col Alan Sharkey
- Mr James Shaw
- Mr Jamie Sheldon
- Mr William Shelford
- Mr James Shepherd-Cross
- Sir Nigel Smartphone KCVO
- Mr Charles Spicer
- Mr Julian Spicer OBE – deceased April 2019

- Mr & Mrs Martin Stanley
- Mr G Staple CB QC
- Mr D M Steen
- Mr Peter Stone
- Dr Hamed Bin Mohamed Khalifa al Suwaidi
- Mr Sheridan Swallow
- Commodore & Mrs P J Thinnnesse
- Mrs Susan Thornely DL
- Mr Peter Townsand
- Dame Janet Trotter DBE
- Ms Kathie Webber
- Mr Richard Wilkin LVO MBE DL
- Dr Roger Willoughby
- Mr B A Wiseman
- Mr Gavin Wishart
How to become a Governor or Friend

Becoming a Governor or Friend of the Society provides an opportunity for those who are supporters of the Society to become a little more involved.

The Royal Humane Society is run by the Trustees of the charity. Governors are invited to the Annual General Court, where they will meet Committee Members and fellow Governors, as well as some of the Society’s award recipients whose awards are being presented. Governors’ names are printed in the Annual Report, of which they will be sent a copy in recognition of their interest. Governors also receive priority invitations to our fundraising events, such as the Birdwood Lecture.

Friends are invited to fund raising events (e.g. Birdwood Lecture) and receive a copy of the Society’s Annual Report and news by email. Their names are also listed on the website.

Our Royal Charter, granted in 1959, stipulated a subscription of one guinea a year to become a Governor or ten guineas for a Life Governor. Unfortunately, we now have to charge a little more, as follows:

<table>
<thead>
<tr>
<th>Role</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Life Governor</td>
<td>£1,000</td>
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<tr>
<td>Joint Life Governors (for a couple)</td>
<td>£1,500</td>
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<tr>
<td>Governor (per annum)</td>
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<tr>
<td>Joint Governor (per annum)</td>
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<td>Friend (per annum)</td>
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<td>Joint Friends (per annum)</td>
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If you’d like to become a Governor or a Friend please visit our website [www.royalhumanesociety.org.uk](http://www.royalhumanesociety.org.uk)

Click on the ‘Support the Society’ tab at the top of the page, then click on the appropriate button and complete the details as requested. You will be invited to fill in a Gift Aid Declaration and a Standing Order form if that is your preferred method of payment. If you are considering becoming a Life Governor you may wish to pay by cheque or BACS. Completing a Gift Aid Declaration will enable us to claim a further 25 pence in tax for each pound you donate.
Financial overview

Incoming resources for the year amounted to £119,530. Last year incoming resources amounted to £99,252. Resources expended were £126,028 (2018 £126,140). The market value of our investments increased by £79,813 during the year. The general fund, which is unrestricted, increased by £84,323 over the year. Included in this figure is an unrealised gain of £89,536 on revaluation of investment assets at the year end.

<table>
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<tr>
<th>SUMMARY OF INCOME</th>
<th>This Year 2019</th>
<th>Last Year 2018</th>
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<tr>
<td></td>
<td>£</td>
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<td>Investment income</td>
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<td>Income from events</td>
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<td><strong>Totals</strong></td>
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### SUMMARY OF EXPENDITURE

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<td>Awards and presentation costs</td>
<td>£8,094 (6%)</td>
<td>£13,323 (11%)</td>
</tr>
<tr>
<td>Cost of staging events</td>
<td>£8,279 (7%)</td>
<td>£8,385 (7%)</td>
</tr>
<tr>
<td>Rent and rates</td>
<td>£12,878 (10%)</td>
<td>£14,868 (12%)</td>
</tr>
<tr>
<td>Salaries</td>
<td>£71,882 (57%)</td>
<td>£68,740 (54%)</td>
</tr>
<tr>
<td>Management and administration</td>
<td>£20,799 (17%)</td>
<td>£19,318 (15%)</td>
</tr>
<tr>
<td>Investment management</td>
<td>£919 (1%)</td>
<td>£1,506 (1%)</td>
</tr>
<tr>
<td>Legal charges for new lease</td>
<td>£3,177 (2%)</td>
<td>- (0%)</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>£126,028 (100%)</strong></td>
<td><strong>£126,140 (100%)</strong></td>
</tr>
</tbody>
</table>

Net (outgoing) resources                  | (£6,498)       | (£26,888)      |
Realised and unrealised gains/(losses) on investments | 90,821         | (50,472)       |
**Increase/(Decrease) in funds**          | **84,323**     | **(77,360)**   |

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**Independent Examiners**  
Ridley, Marreco & Co,  
Grenville House,  
Main Road,  
Farthinghoe,  
Northants NN13 5PA

**Bankers**  
Drummonds at  
Royal Bank of Scotland plc  
49 Charing Cross  
London SW1 2DX

**Solicitors**  
Russell Cooke,  
7 Bedford Row,  
London WC1R 4B

**Investment Managers**  
Church House Investment Management,  
York House, 6 Coldharbour, Sherborne,  
Dorset DT9 4JW
Ways of donating to the Society

The Society relies on donations from our friends and supporters to enable us to continue our work. Your support is vital and we ask that you encourage others to help by making a donation to the Society.

**ONLINE**
Donate online with PayPal or another credit or debit card. Please go to the Society’s website - www.royalhumanesociety.org.uk - and click on the ‘Donate’ button.

**BANK STANDING ORDER**
If you would like to commit to regular payments, a Standing Order form can be downloaded from the Society’s website - www.royalhumanesociety.org.uk - and click on the ‘Donate’ tab on the top of the opening page. This should be completed and returned to the Society.

**GIFT AID**
If you are a UK tax payer the Gift Aid scheme is a tax efficient way to make a donation. The Society is able to claim back the tax you have already paid on the sum of your donation. In order to donate with Gift Aid please complete a Gift Aid Declaration form which can be found on the Society’s website under the ‘Donate’ tab. This should be completed and returned to the Society.

**BECOME A GOVERNOR**
As a governor of the Society you will be invited to the Annual General Court, which is attended by the charity’s trustees, fellow governors as well as some of the Society’s medal recipients. You will also be invited to the Birdwood Lecture and each governor’s name is printed in the annual report in recognition of their generosity and interest in the Society. There are life and annual governor memberships with associated fees. See the ‘Support the Society’ tab on the Society’s website.

**BECOME A FRIEND**
As a Friend of the Society you will receive a copy of the Annual Report and receive news and updates by email. You will be invited to the Birdwood Lecture and your name will be listed on the website (unless you ask us not to). Membership details and fees can be found on the Society’s website under ‘Support the Society’ tab.

**CHARITY AID FOUNDATION**
As a registered charity we can accept CAF vouchers providing they are a donation and not a payment for goods or services.

**LEGACIES**
All gifts and bequests to the Society by will are exempt from inheritance tax and gifts of assets (shares or chattels) are not liable to capital gains tax. If you would like to discuss leaving a legacy please contact the Secretary.

**DONATIONS IN MEMORY OF A LOVED ONE**
Supporters of the Society frequently ask family and friends for donations to charity in place of flowers at a funeral. Any donations received may be collected by the funeral director or family member and passed to the Secretary.

**CHEQUE**
Cheques should be made payable to “Royal Humane Society” and sent to the Secretary.
Royal Humane Society Gallery – 2019

Barbara Still (L) and Stella Gibbons (R) who saved the life of Noel Sanders (C) who had a heart attack during a band rehearsal.

Sea Cadet Ben Neale (13) - Resuscitation Certificate, for saving a man who had a heart attack in his car.

John Volanthen in Thailand during the cave rescue.
Ashley Caswell receives his certificate for saving the life of a man who fell off a roof at Heathrow Airport.

CSgt James Scovell RM – Bronze Medal

Isla Noble (Testimonial on Vellum) and sister Eilidh (Testimonial on Parchment) who together saved a man and his small child from the sea off Fraserborough.
Birdwood Lecture 2019

Mr John Grandy (Chairman), Dame Cressida Dick, Commissioner MPS, HRH Princess Alexandra, Mr Charles Spicer (Deputy Chairman) Birdwood Lecture held at the Royal Geographical Society

Birdwood audiences at the Royal Geographical Society
Dr Rajiv ‘Jeeves’ Wijesuriya with his family having received the Bronze Medal and Resuscitation Certificate for his bravery during the Westminster attack.